



Mar 30th - Apr 8th

DSA x ISA HOOSAC USA SPRING CAMP 2024

- Trip to New York & Boston!
- Harvard and Princeton Universities
- Basketball Hall of Fame
- Madison Square Garden
- And more...

AGES: U12, U14, U16, U18
WWW.DREAMSPORTS.COM.HK
INFO@DREAMSPORTS.COM.HK

JOIN NOW



WHO WE ARE?

International Sport Academy (ISA) has been working closely with Hoosac school with a mission of creating the best possible conditions for student athletes to excel, both on the academic and athletic field.

WHAT TO EXPECT ON OUR SPRING CAMP?

In our ten day camp we intend to create an experience where you will have the chance to learn and feel how it is to be a student at our program.

You will be divided into groups, and each group will be challenged through advanced skill workouts, as well as strength and conditioning workouts, to help them improve their level of play.

We will also have friendly games against US based team, to get a chance to play and feel the level of competition.



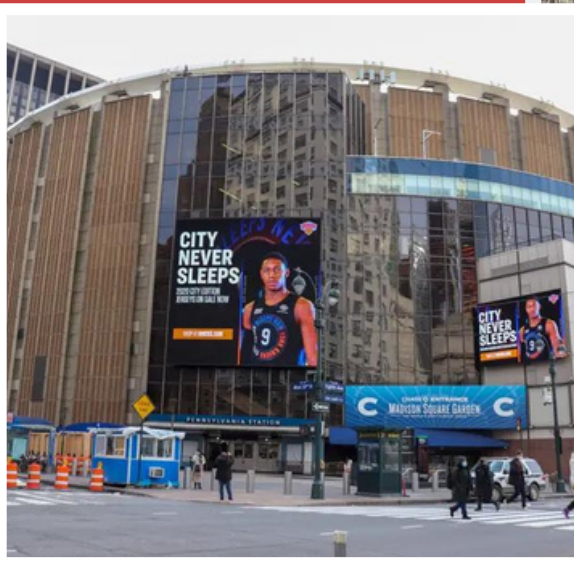
WHAT ABOUT ACADEMICS?

There will be one english class each day of the camp to ensure our students are well equipped to pursue their academic goals.

IS THERE MORE?

*PLACES WE WILL VISIT

YES. We will visit New York City, where we will take time to visit Madison Square Garden, Time Square, St. John's University, and many other attractions the Big Apple has to offer. We will also go to Boston, and visit the most prestigious university in the world, Harvard University. We will take our campers to see the Basketball Hall of fame in Springfield Massachusetts, also, Woodbury outlet mall which is one of the biggest outlet malls in the US. We will also visit Yale University, another Ivy League prestigious institutions.



WHERE CAN PARENTS STAY?

The nearest Hotel is Hampton Inn Bennington VT.



WHAT IF PARENTS AREN'T ABLE TO COME?

We will have a livestream of our practices and games.

WHERE IS THE CAMP?

International Sport Academy, 4 Parsons Avenue, Hoosick Falls, NY, USA

Hoosac School, 14 Pine Valley Rd., Hoosick, NY, USA



HOW DO I SIGN UP?

EASY. Contacts are listed below for sign up and any additional information.

email: info@dreamsports.com.hk

DSA ISA SPRING CAMP

Dates: March 30th to April 8th

Sign up deadline: March 8th

Purpose

Through practices, basketball games and various field trips, we provide an experience that will help understand the life of a boarding student as well as have a unique opportunity to compete and grow.

Schedule

Days will be split into Training days, Game days and Field trip days

Training Day *Hard Work Pays Off!*

We strongly believe that hard work and passion can transform players and are the only tools that could guarantee the player to get better and grow.

- 8AM to 8:30AM - Breakfast at Hoosac School
- 10AM to 12PM - First training session, consisting mostly of individual skill workouts, as well as Strength and Condition
- 12:30PM to 1:30PM - Lunch at Hoosac School
- 4PM to 6PM - Second training session, consisting of mostly playing 5 v 5.
- 6:30PM to 7PM - Dinner at Hoosac School
- 10:30PM - lights out

Game day *Work Hard Play Hard!*

Three games with US based teams will be organized and played. Some games will be home and some will be away.

- 8AM to 8:30AM - Breakfast at Hoosac School
- 10:30AM to 11:30AM - Light shootaround as a game preparation
- 12:30PM to 1:30PM - Lunch at Hoosac School
- If the game is away, departure would be after lunch.
- If the game is home, we would rest before playing
- 6:30PM to 7PM - Dinner at Hoosac School

Field Trip Day *Sightseeing!*

There will be three different locations on three separate days. The Basketball Hall of Fame, in Springfield Massachusetts, will be our first destination. The second will be the city of Boston where we will focus mainly on visiting Harvard and Princeton, two of the most prestigious academic institutions in the world. Last, but not least, our final trip will be to New York City, where we will see Madison Square Garden, Times Square, the Empire State Building and many many more sights NYC has to offer.

- 8AM to 8:30AM - Breakfast at Hoosac School
- 9AM - Departure to our destination of the day

Tickets Fees

CX Economy class: Hong Kong to New York(CX830 30MAR) & New York to Hong Kong(CX841 08APR)
HKD 12640.00 + HKD 2749.00 Tax for Adult
HKD 9520.00 + HKD 2629.00 Tax for Child
*1 free check-in luggage (Max. 23 kgs)

Player Camp Fee HKD 24,000 (includes Training, Game, Field Trip, meals & accommodations)

WHERE OUR STUDENTS CONTINUE

Since we started our program, we have placed over a 100 student/athletes to NCAA Universities and Colleges. Here is a list of many of the programs our players joined.

